



Dear Parishioners at The Oaks and Camden

RE: WEEKLY MESSAGE FOR WEEKEND 7/8 AUGUST 2021

ST. PAUL'S
CATHOLIC PARISH
CAMDEN

ST. ALOYSIUS
CATHOLIC PARISH
THE OAKS

ST CLARE'S
CATHOLIC
COMMUNITY
NARELLAN

ST JOSEPH
THE WORKER
CATHOLIC
COMMUNITY
OAKDALE

Spiritual Insight

From 1 Timothy 4:8-9

Train yourselves spiritually. Physical exercises are useful enough, but the usefulness of spirituality is unlimited, since it holds out the reward of life here and now and of the future life as well; that is a saying that you can rely on and nobody should doubt it.



Coronavirus Restrictions

No developments in the parish over the past week.

But regular news reports reveal that locally, nationally and internationally numerous people are dying because of the virus. And many thousands of people are afflicted everyday with serious sickness or suffering of some kind or another.

At such a time, we're called to bear our own difficulties with patience, avoiding any temptation of falling into despair. And even though we cannot be nourished with Holy Communion, there are opportunities to viewing Mass on TV or on-line. Very important to nurture our spirituality in whatever ways are available.



Kind Regards

Father Michael

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59 Holdsworth Drive, Narellan Vale NSW 2567 (ring Camden) camden@dow.org.au
5 /15 Merlin Street (PO Box 169) The Oaks NSW 2570 (ring Camden) theoaks@dow.org.au
Blattman Ave, Oakdale NSW 2570 Oakdale (ring Camden) theoaks@dow.org.au

Our Community Pantry

Our Community Pantry (OCP) is a Food-Rescue Service that diverts perfectly good food that would otherwise be heading to landfill, and make it available, and affordable, to its members across the Camden, Campbelltown, Wollondilly, Wingecarribee and Goulburn LGA's. Our guiding principles are Fill Plates, Not Landfills Hand-up, Not Hand-Out Our Hamper Range includes the Family Hamper, Seniors/Singles Hamper and our Staples Hamper. Other Household Essential Packs and Meat Packs are also available.

\$60 FAMILY HAMPER

(items equate to over \$250 value in-store)

- Designed for families, based upon a weekly basis
- Includes three Family Meal Meat options, pantry staples, school snacks, household items, chiller bag including dairy items
- Fruit, vegetables, bread and bakery items

\$50 SENIORS/SINGLES HAMPER

- Designed for seniors or single, based upon a fortnightly basis
- Includes three Smaller Meal Meat options, pantry staples snacks, household items, chiller bag including dairy items
- Fruit, vegetables, bread and bakery items

\$25 STAPLES HAMPER

- Designed to supplement with three basic staple items
- Fruit, vegetables, bread and bakery items



Ph: 0456 163 230



admin@wholeheartcommunities.com.au • www.ourcommunitypantry.com.au

St Vincent de Paul and Our Community Pantry – Would you like to help

Any donations are accepted, anything from food, blankets, gift cards, etc.

OCP do the hamper collections – drive through system contactless at the C3 church Mount Annan grounds on Wednesday evening between 6.00 -7.00pm. this is the only one in our local LGA. They also do Campbelltown on Thursday evenings, but would require a letter from OCP that they are an essential volunteer.

If anyone would like to donate time for this they should contact Paula at Our Community Pantry, 0456 163 230.

If anyone is interested in joining Vinnies as a Volunteer, they should contact Pat O'Flynn – Camden President via St Paul's Parish office 4655 8797.