

ST PAUL'S

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*Bulletin Highlights*

*First Sunday of Lent - Year C*

*10 March 2019*



*Sacrament of Penance Programme ~ 2019*

Parents are required to indicate their preferences for the Sacrament of Penance Ceremonies that have been scheduled for Tuesday 19th & Thursday 21st March. There are expected to be five priests in attendance at each of the four ceremonies. Please be mindful there are two formats. The first format (Option A) is where parents also celebrate the Sacrament of Penance with their children. The second format (Option B) is where the children alone celebrate the Sacrament and the parents remains virtual spectators.

The children will obviously have a better experience of their first confession if they see their parents also attending confession. Accordingly, all families are strongly encouraged to indicate Option A.



By this time, all children and parents ought to know the Act of Contrition perfectly. And for our final week of workshops, parents are asked to read page 24 and assist their children complete page 25. More news next week.



*Canice's Kitchen, Elizabeth Bay*

On Sunday 3rd March our volunteers travelled into Elizabeth Bay at the bottom of Kings Cross to provide a special lunch for Sydney's many homeless. Our volunteers numbered 26, ten of whom were "newbies". Initially that seemed like too many helpers for one session but fairly soon everyone was gainfully employed.

Our lunch offering was, once again, an Aussie BBQ. Top of the menu were biscuits, tea and coffee as starters. The main was sausages, onion, chat potatoes, baked and drizzled with margarine, barbequed corn on the cob, cheese, tomatoes, lettuce, beetroot, pineapple and bread and butter. Sounds good and the taste didn't disappoint. Dessert was stewed apple and pouring custard. We served 150 plates and approximately 70 take-away containers.

Our guests really enjoyed their lunch and we received many expressions of gratitude. Once again, our volunteers were tired but everyone went away with that warm feeling because the occasion was most certainly one of mutual enrichment. A very rewarding experience.



## *Carrington Pastoral Care*

Carrington is one of the Macarthur's leading providers of aged care services. There are about 750 residents on site. While Carrington is not of any specific religious affiliation, spiritual and pastoral care services are regarded as highly desirable in offering holistic care to the residents. Over the years and with the benefit of on-site training, a team of pastoral care volunteers has been formed to visit the residents. Parishioners who may be interested in assisting are asked to contact Julie Philpott at [jphilpott@carrington.com.au](mailto:jphilpott@carrington.com.au).



## *Rachel's Vineyard Retreat (RVR)*

RVR is a journey of spiritual healing to help women and men overcome the painful effects of an abortion experience. The retreat offers a sanctuary in which to renew, rebuild and redeem hearts broken by abortion in a safe, supportive, confidential and non-judgemental environment.

The weekend retreat is facilitated by professionally trained facilitators, spiritual guides and a priest. The retreats for 2019 will be held at Varroville from 5-7 April and 25-27 October. For more information, please contact 0400 092 555 or go to [www.rachelsvineyard.org.au](http://www.rachelsvineyard.org.au). Brochures are available from the magazine table in the chapel.